

Raymond Recorder



VOLUME 35

THURS. DECEMBER 24, 1942

NUMBER 35



Season's Greetings

We come to the Christmas season again and to the end of another year. Wrought with its full portion of sorrow, heartache and disappointment for nearly everyone, it has still been a good year and the clouds have been lined with silver, although in many cases it has taken a lot of looking to find the silver. Since last Christmas many of our fathers, husbands and sons have gone overseas, and some of them being in active service in the Air Force, some taking part in Commando raids and some extending their training and preparation for the day they are needed. Many since last Xmas have enlisted, and when families sit down to Xmas dinner there will be many empty chairs for those who are not home. This is life, and whether it be war, or the passing of time at home, death enters unbidden and takes away the ones we love and cherish most. May the heartaches for the departed be mellowed somewhat by the gratitude we feel that we are still living and living in a land of freedom and liberty.

Speaking for ourselves, we appreciate this opportunity of saying Merry Xmas and extending wishes for a Happy and Prosperous New Year. With you we have shared the joys and sorrows of 1942. We have warmed inside at the words of appreciation that we have received for our efforts, and we have endeavored to take, with our chin up the criticism that has come our way. We are thankful for all we have received, both of good and bad. Thankful that the good has not puffed us up to conceit, and that the bad has not soured us, nor embittered us to our friends and neighbors. Bruises and disappointments hurt and pain but at the same time they strengthen and mellow, and we need them, much as we dislike taking them. When we absorb them and learn the lesson, we are growing; when we let them embitter us, and make us morose and sad, we are decaying, and soon we will be wasted away.

As we enter 1943 we pledge to you our whole hearted support in every effort to upbuild our Town and community. All we ask is a fair share of the business and patronage that is rightly ours. You are trying to do your part as a citizen and as a business man, we hope to do ours. Alone we can either do little, but if we work together, if we exhibit that confidence in each other that should prevail in communities like ours; if we seek a goal of betterment and progress for our town, and then all work for its accomplishment, we can and will achieve. Community building demands a little from all. If we fail to get together and build, then we shall rot and decay. A few can do little, even with much work. All of us can perform miracles, even with a little effort on the part of all. What will be the story of 1943? MERRY XMAS and a HAPPY NEW YEAR TO ALL.



Christmas Programs In Raymond Wards

SUNDAY MORNING IN THE SECOND WARD

A very delightful program was held in the Second Ward last Sunday morning. This school has been divided now into a Junior and a Senior Sunday School, and each have their opening exercises. Last Sunday morning the two met together. The following program was rendered:

"Luther's Cradle Hymn" by the Junior Sunday School.
Stories were told by Misses Betty Leavitt, Marguerite Graham and Maxine Dahl and by Donald Sabey.
Miss Jeannine Wilde sang a vocal solo, and Christmas talks were given by T. O. King and Misses Katherine Bennett and Zelma Dahl. The hall was crowded for this program.

SUNDAY EVENING AT THE FIRST WARD

A very interesting and inspirational programme was held in the First Ward last Sunday evening, when the birth of the Prophet Joseph Smith and the Christmas season furnished the theme of the evening. A large crowd was in attendance to enjoy the following numbers:

Opening remarks by the Bishop, followed by "Praise to the Man" by Choir and Congregation and Invocation by L. J. Mehew.

During the passing of the Sacrament organ music was played by Roi Stone.

Talk "Joseph Smith the Boy" by John Paul Redd with Violin and Organ Obligato by Leta Jensen and Roi Stone, playing "Joseph Smith's First Prayer."

Speech "Joseph Smith, by his mother," Mrs. Viola Meeks.
Vocal Solo "The Martyr" by Ira McBride.

"A Poor Wayfaring Man of Grief" sang by the Double Mixed Quartette.

Musical "The Unknown Grave" by Adrian Layne.

Talk "Jesus the Boy," by Rex Erickson with Violin and Organ Obligato "O Galilee" played by Leta Jensen and Roi Stone.

Talk "Christ, the Savior" by Welburn VanOrman.

Vocal Trio "The Sweet Story of Old" by Misses Hazel and Norma Redd and Hazel McBride.
Duett "Silent Night" by the Allred sisters and benediction by Wm. C. Stone.

Mrs. Wallace Wilde has been teaching the Home Ec. class in the High School this week in the absence of Miss Gottenberg.

NEWS NOTES

Mr. and Mrs. R. Lawson Mr. and Mrs. Holland and Mr. and Mrs. Owen Larson were visitors in Lethbridge on Tuesday.

Florann DeMeester was in Calgary last week and enlisted in the Air Force as Radio mechanic. He is to report in March at Calgary.

Sidney H. and Alma S., sons of Sidney B. Smith have both been accepted in the Air Force and are to report for training in May at Calgary.

Steele Brewerton arrived home Saturday afternoon for the Yuletide holiday. He is attending the U. of A. in Edmonton.

Misses Louise, Marion and Amy Allen returned home from school Saturday evening for the Christmas and New Year's vacation.

Keith Seoville left for Calgary Wednesday morning for Xmas and to spend his future time. He has been in the Sugar Factory. When he left he was undecided whether to enlist or go to work.

Mr. and Mrs. Wm. LaMarr are Raymond visitors at present, here for the funeral of Mrs. LaMarr's father Nephi McLean. Bill is in the army, stationed at Red Deer and is looking fine.

Mr. and Mrs. Jack Miller were in Lethbridge last Saturday night, going over to meet the train from Edmonton and bring their son, Victor home for the holidays. Vic is attending University in Edmonton.

Miss K. Gottenberg, teacher of Home Economics at the High School, and H. Dean Rolfsen, teacher of mathematics, were married in Lethbridge last Saturday morning, and left from there on a honeymoon to Calgary. When they return they will set up housekeeping in the Nolan McMullin home on Broadway.

The annual Primary Christmas party was held Friday night when a good crowd was present to see and hear the Tiny Tots in their numbers. The kiddies, especially the smaller ones, had their innings when Santa Claus appeared in person and distributed the bags of candy, oranges and what have you.

NEWS NOTES

Mrs. Geo. Fromm was a business visitor to Lethbridge on Tuesday.

School dismissed for the Christmas vacation Wednesday forenoon and teachers dispersed on Thursday morning bus for Xmas at home.

Miss Katherine Bennett arrived home Friday evening from her missionary labors in the North-Western States Mission "Kay" is glad to be home again and reports a wonderful time in the mission field.

Six dances are scheduled for ten days in town, including four Holiday Dances in the Opera House and a High School Dance which was held last night.

Frank Leavitt, who has been working out of Vancouver for the summer and fall, arrived home Tuesday evening for the Christmas holidays.

What do you know. It looks like we are doomed to a nutless Xmas. Imagine that. However, there's one redeeming feature about it, there will be no shells to sweep up out of the Axminster rugs.

Greetings

"Peace on Earth, Good will to men."

Modern Version:

"Praise the Lord and pass the Ammunition."

We appreciate the opportunity that is ours of extending to one and all on behalf of all our Advertisers and ourselves

The Compliments of the Season

The Recorder and Staff

Nephi L. McLean

Passes Away

LIONS SURPRISE PARTY

The Lions met for their regular meeting in the Sugar Bowl Monday December 21st and opened in the usual manner by singing "O Canada" with prayer being offered by Lion M. T. King.

Joe Strong led the boys in community singing until, well, what do you know the door opened and in came the Lioness's and quietly sat down and had supper with the Lions. Surprise Yes.

Mrs. Moreland took charge of the meeting while Paul took a back seat.

Mrs. J. Vanderhilt was appointed Tail Twister for the evening who immediately took over Jack's duties of collecting the fines. Did the boys dig up. What do you think?

Lion J. Weaver chairman of the program committee called on Lion M. Holmes who recited the "Birth of our Savior" and then asked the young daughters of Mrs. Reece Allred to sing "Silent Night". These two little girls sang his duett very well. Lion M. Holmes then recited "Xmas in England 1940."

The Allred girls sang an encore "Lullabye and Goodnight". This was followed by a Piano solo by Mrs. Emma Dahl. The program was then turned over to the ladies.

Lion Val Heggie gave a one minute talk on "Gardening." The same length of time was given to Lion M. King for a talk on Jitterbugging.

Lioness Phoebe Dahl spoke for a short while on Lionism. Lion J. Weaver gave a humorous talk on "Price on World War No. 1." Community singing was enjoyed with Lioness Marie Strong in charge.

A quartette consisting of Lions J. Strong, Vanderhilt, Holmes and Weaver entertained those present, and Xmas Carols closed the community singing part of the program.

Some business was disposed of and Lions Holmes, Baker and Mutt Ralph were appointed as a committee in charge of Charter Night in January.

A few humorous remarks were given by Lioness Moreland, and stories filled the rest of the evening to a brimful good time.

The large crowd at the service, the profusion of flowers covering the lovely casket and the rostrum, were all silent tributes of the love and esteem in which deceased was held by his many neighbors and friends. All of the family were present for the services except James, who is now residing in California.

Nephi McLean, a resident of Raymond since 1903, passed away at the Lethbridge Hospital Sunday night following a lengthy illness and a gradual weakening of his physical condition. He was 85 years old. Born in Scotland, he migrated first to Utah and then to Alberta.

He helped make brick for the first Sugar Factory that was erected here in 1903, and worked in that factory and also in the present factory after its establishment in 1925. He had also worked at other trades and professions during his residence here, being a very fine shearer of sheep, at which he worked during the summer.

He was a coal miner during his sojourn in Utah, and was a laborer in the mine at Scofield at the time of the big mine explosion there when so many miners were killed. He had quite an experience at that time.

His wife predeceased him a few years ago, and one daughter, Mrs. Henry Gibb, passed away a number of years ago. Living children are: Oliver of Rainer, Alberta, James R. of California, Jos. A. of Raymond, Mrs. Wm. LaMarr of Red Deer and Marion Brown, who has been taking care of deceased since his wife's death. Deceased was a likeable and friendly man and will be missed by a wide circle of friends. We join with the many friends of the children in extending our sympathy to them in their bereavement.

FUNERAL SERVICES

Funeral services were held in the 2nd Ward Chapel at 2 p.m. Wednesday with counselor W. A. Heninger in charge. The choir was conducted by Karl Gehmlich with Mrs. Emma Dahl at the organ and members of both wards in the choir seats.

Speakers were Elder Geo. Fairbanks, P. J. Christensen and John F. Anderson, of Cardston, all close friends and neighbors of deceased over his entire residence in Canada. All of them paid tribute to his sterling character and his manner of life and spoke of the resurrection and the wonderful promises it held out for the faithful.

Mrs. James J. H. Walker and L. D. King sang "The Old Rugged Cross" besides the Choir numbers.

The opening prayer was by Elder Arthur Dahl and the benediction by Bishop J. O. Hicken and Elder J. W. Evans dedicated the grave.

A large number of cars followed the remains to the cemetery where interment took place.

Merry Christmas and a Happy New Year

The Raymond Recorder

Published Every Thursday
Advertising rates on application
Non-political, Partisan only in
the interests of Raymond
and district
S. J. MAY Editor.

WEEKLY PROGRESS REPORT

On Local Campaign for Canadian Aid to Russia Fund

In this time of trial it is gratifying to be able to report that the general appeal of the local committee for contributions to the "Canadian Aid to Russia Fund" has been meeting sympathy and willingness to make the campaign a success on the part of citizens of Raymond and district.

The following donations are acknowledged with thanks by the committee treasurer R. J. Wells at the Bank of Montreal.

By Hungarian people and other groups of Raymond and

district, (collected by J. Neneidy) \$32.50

Collected by J. Horvath \$36.70

In the true spirit of Xmas send your contribution to the local branch of the Bank of Montreal or support a dance to be arranged with special features sometime after the New Year. An advance sale of tickets is already under way. No definite price for a ticket has been set. Give what you can afford to express your gratitude and sympathy to the Russian people for their part in this war against the common enemy.

Millions of homeless sufferers in Russia are in need of your help.

Cheques should be made payable to the "Canadian Aid to Russia Fund."

The Local Committee

CORRESPONDENCE

During this pre-Christmas Season, as last year, I have been impressed with the generous co-operation of the Press and many business firms in bringing to the attention of Canadian citizens the need of

despatching their Overseas Christmas gifts and greetings sufficiently in advance to enable the Postal Service to deliver the mail by Christmas Day.

The high value placed on the receipt of mail by Active Service Forces Overseas is, as you know, constantly being emphasized by those returning from all theatres of War. I can assure you, therefore, that the united publicity effort of the Press and businessmen has been of genuine service—not only to all branches of the Armed Forces Overseas, but to our people in this country who are naturally anxious to keep in close communication with friends and members of their families at distant points.

From your interest in the matter, I know you will be pleased to learn that, despite the millions of pounds of mail handled at the Base Post Office—approximately 7,300,000 pounds in October and November this year as against 4,360,000 pounds last year—Christmas despatches are now well on their way, with favourable indications that gifts and messages from home will be in welcome hands in time for Christmas Day. I feel that public thanks are

NEWS NOTES

Mark Dahl of the RCAF is home on leave for Xmas.

Ernest Organ left for Ontario Tuesday forenoon upon receipt of word from Calgary of the illness of his brother, Will in that city.

This will be the last issue of the Recorder for 1942, so we extend our best wishes to one and all for a Happy and Prosperous New Year.

At Rotary on Monday the two little girls of Mr. and Mrs. Reece Allred entertained the members with two musical duets, and then the members took names of men in the service to write letters to. These letters are to be written and mailed by next Monday.

due to the Press and business men for their direct help. I am also taking this opportunity of expressing my personal appreciation.

Yours faithfully
W. P. Mulock
Postmaster General

Those desiring Reprints of Fox Foto Studio

Photos or Enlargements, please
send Order with Numbers to

T. B. DURANT,

P. O. Box 13

Lethbridge

With ROYAL,
bread is fine and light

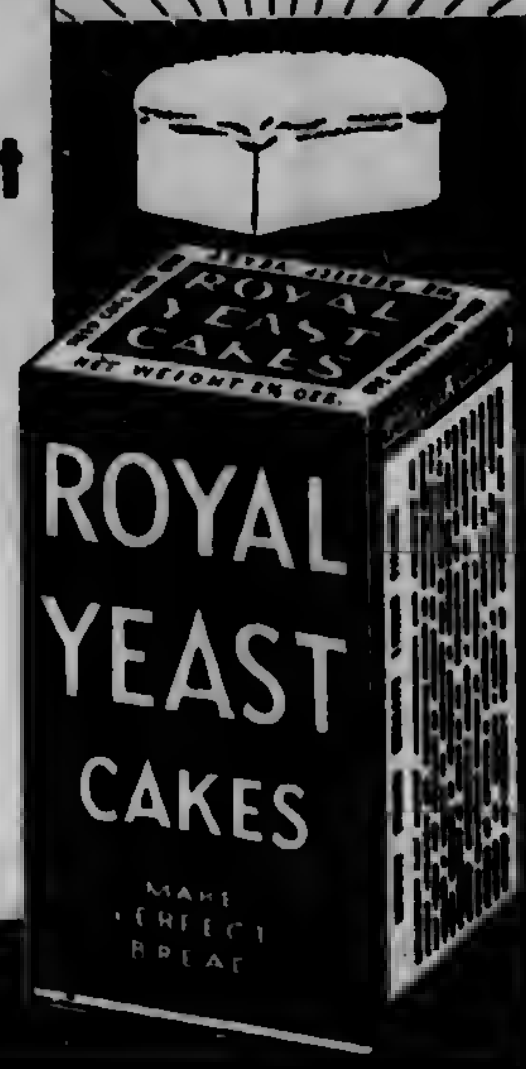
Results are
always SURE—

An airtight wrapper
guards each cake

And keeps it
fresh and pure

MADE IN CANADA

FULL STRENGTH



Ottawa, December 21, 1942

EFFECTIVE NOW BUTTER IS RATIONED BY COUPON

The ration is one-half pound of
butter per person, per week.

On and after December 21st it is unlawful to sell or buy butter at retail without the surrender of the proper coupons.

Brown coupons, Nos. 1 to 11, "Spare 'C'" from Ration Book Number 1 now in the hands of the public, are to be used for this purpose.

Each Brown coupon, Nos. 1 to 11, "Spare 'C'" entitles the holder to buy one week's supply. Only

Brown coupons, Nos. 1 to 11 "Spare 'C'" can be used for the purchase of butter.

Each coupon becomes good on a definite date and expires on a definite date... and can be used only within its prescribed period, as given below.

The system for butter is different from that applying to Sugar, Coffee and Tea, where coupons have no specified expiry date.

Dates When Butter Coupons Become Useable—and Expire

Coupon Number	Good for Purchase beginning on	Not Good for Purchase After
1	December 21	January 3
2	December 28	January 3
3 and 4	January 4	January 17
5 and 6	January 18	January 31
7 and 8	February 1	February 14
9 and 10	February 15	February 28
11	March 1	March 14

NOTE: Brown Coupon No. 2, "Spare 'C'" will be good for use only during a 7-day period—December 28 to January 3. Brown Coupons Nos. 1, and 3 to 11, "Spare 'C'", can be used within 2-week periods.

Coupons for butter, like those for Sugar, Coffee and Tea (the red and green coupons) must be detached by, or in the presence of any seller of butter or his employee. If desired, consumers may lodge their

butter coupon sheets with their retailers, so that the latter may detach the required coupons when delivering.

Temporary Ration Cards

All Brown Coupons on Temporary Ration Cards issued to members of the armed forces on leave, visitors to Canada, etc., are good after December 21.

Butter Holdings Exceeding More Than One Pound per Person Must Be Reported and Coupons Surrendered

Consumers or non-registered boarding houses having in their possession the equivalent of more than one pound of butter for each person in the household, must before January 3, 1943, report their holdings to the nearest office of this Board. They must forward with their reports the number of butter coupons representing their butter holdings. If the quan-

lity of butter in possession of such persons represents more than the eleven brown coupons in Ration Book No. 1, which will be good for butter, they must in their reports undertake to detach from future ration books, additional butter coupons equal to the remainder of the surplus.

Special Notice to Retailers

On and after December 28, retailers must establish their right to purchase new supplies of butter from their suppliers by turning over to the supplier currently valid ration coupons equivalent to the poundage of butter ordered from the suppliers.

THE WARTIME PRICES AND TRADE BOARD

BRIW

THERE ARE HEAVY PENALTIES FOR BREAKING THESE REGULATIONS

Anderson's Plumbing & Heating Tinsmithing Of All Kinds

Come in and See Us About Your

Paints & Varnishes

Pratt & Lambert High Quality Products

PICOBAC
Pipe Tobacco
FOR A MILD, COOL SMOKE

J. S. Madill

Physician & Surgeon
Phones 66 & 67, Raymond

MILK

The perfect food. Recommended by Doctors and Dieticians and proven by use

We have an abundant and steady production from our Government Inspected and Approved herd.

USE MORE MILK

Hancock Dairy
MILK and CREAM

AIR FORCE NEEDS
CAMERA WOMEN

The R.C.A.F., Women's Division is sending out an urgent call to those girls who, hearing a faint "click", rush madly to investigate the mysteries of "shutter action" and vari-colored filter caps, in short, those girls who are interested in amateur photography.

Photographers are needed, and anyone who has any experience in amateur photography, or has belonged to an amateur photography club in Canada will be eligible to join in this work.

Further information may be received by writing to or visiting the No. 2 Recruiting Depot of the R.C.A.F. any day of the week from 9 a.m. until 6 p.m. On Tuesday and Friday from 6 p.m. until 9 p.m. the interviewing officers will see women only and on Saturday the station is open from 9 a.m. until 4 p.m.

After four weeks' basic training in Eastern Canada, the applicant is given a course (with pay) in the art of taking and developing pictures. All equipment is supplied.

Eldon Garner, who is stationed at Camrose, is home for the Xmas holidays.

MacPhee and Attwood
IMPERIAL OIL AGENTS

3 STAR GASOLINE
MARVELUBE Oils & Greases
Phone 1 or 71 Raymond

Hall's Barber Shop
and Beauty Parlor

DELLA HOLT, OPERATOR

PERMANENT WAVES

and All Other Beauty Work

PHONE 45 for Appointments

Men, Women Over 40
Feel Weak, Worn, Old?

Want Normal Pep, Vim, Vitality?

Does weak, rundown, exhausted condition make you feel fagged out, old? Try Oxydol. Contains natural tonic, stimulants, often needed after 40 or 45. Helps you get normal pep, vim, vitality. Instructive literature Oxydol Tonic Tablets only 25c. For sale at all good drug stores everywhere.

Velv's Barber Shop
Sport Headquarters

Come In! You are
Always Welcome

Tasty Pastry
Make Lunch time Welcome
with Our Fresh Cookies

The Home Bakery
If You Like Our Service, Tell Us
If You Don't Like It Tell Us

CAPITOL Raymond

Special Program During
HOLIDAY SEASON

Preview Sunday Nite at 12:10

Annual Free Matinee

Thursday, Dec. 31, 2:15

FREE Admission to all Kiddies
12 Years and Under

It's the same old Wish, but now
more Sincerely than ever

A Merry Xmas

and a

Victorious New Year

Brewerton's Capitol

HOLIDAY GREETINGS

May your Christmas be inspired with the thought that, despite every setback, Civilization ever marches forward to new heights of attainment.

R. F. Walshe

Agent for U.G.G. ELEVATOR

Raymond Coffee Shop

HIGH-CLASS SERVICE

C. A. Hudson

Agent for PARRISH and HEIMBECKER Ltd.

L. J. Mehew

BLACKSMITHING

WELDING

A. and T. Shop

The Utah Cafe

TOBACCOS

MEALS

SOFT DRINKS

Club Cafe

MEALS AT ALL HOURS

J. Hervey

BLACKSMITHING

WELDING

Lloyd MacPhee

Agent for ELLISON MILLING CO. Ltd.

J. F. Judd

A. P. ELEVATOR

NORTH STAR OIL

A. Betts

FINE SHOE REPAIRING —

York Cafe

TOBACCOS

SOFT DRINKS

MEALS

MacPhee and Son

IMPERIAL OILS and GREASES.

G. W. Rouse

CADELLAC COAL

B. A. OIL

John Horvath

EXPERT SHOE REPAIRING



WEEKLY LETTER

WHY PERMIT WINTER SOIL DRIFTING

Soil drifting from fallows in the winter time positively is not necessary. At no time of the year is it easier to check drifting than in the winter, and yet, even in a winter like this, when soil conditions are not so bad, some drifting is allowed.

On December 16th the author of this letter drove through parts of Southern Alberta where the Chinook winds of the past week had cleared off the snow. A heavy south-west wind was blowing on the 16th and in some localities a number of the fields had started to drift, usually on just an acre or two but in some cases 20 acres or more had started to move. On two farms the drifting fields were south-west of the buildings and the dust was blowing around the house. It can be imagined that the temper of the housewife was not very good and undoubtedly she was blaming the winds of Southern Alberta for her plight.

Actually every field observed just a few hours work. At this time, the soil was thawed out sufficiently to have permitted ridging with the duckfoot cultivator which in every case positively would have checked the drifting. In the two cases noted, where the drifting soil was blowing around the farm house three hours with the duckfoot cultivator would have stopped the dust. These housewives should have blamed their husbands rather than the country for their difficulty.

Perhaps the farm women of the district should be appealed to on this matter because if they decide that they are not going to put up with the dust more headway may be made. Some individual wives may not

R. W. Gardener, C.A. of Lethbridge, Town Auditor, has been giving the books their final inspection for the year this week.

Robert and Donald Matkin, of the Cardston district, who have been working in the Sugar Factory during the campaign left Thursday afternoon for their homes for Xmas.

Ken, Hague of the Military Postal Corps is home for the holiday season.

Ralph Richardson, who is stationed at Camrose is home for Christmas.

Speakers at the 2nd Ward Sacrament meeting Sunday evening were Miss Kay Bennett, who reported on her missionary labors and preached a fine sermon, and Mahlon Smith, home from the Air Force centre in Eastern Canada for the holiday season.

D. M. Holladay, Sec-Treas. of Sugar City M. D. was in Lethbridge Monday to an inaugural meeting of the District Ration Board. Until further organization is affected Dan will represent the Board for the district of which he is Secretary

be able to influence their husbands to get out and use the cultivator or a one-way made into a lister, or the dust may be blowing from another farm so it may be necessary for the women collectively to consider the matter. This might be a desirable project for Women's Institutes or other rural women's organizations.

There may be times when a great effort is required to stop soil drifting, but that is not the case this winter. If dust from the drifting field is bothering anyone now, in most cases it is safe to say that a few hours work will correct the situation, so why endure the dust?

Many fields may be drifting where the dust is not blowing on to buildings but the owner fully understands the damage caused by the loss of this top soil. It is strange that knowing this he still neglects to do the little work that is required to correct the situation.

Frequently, in these letters, it has been stated that ridging with a duckfoot on loam soils or listing with the duckfoot cultivator equipped with lister shovels, for lighter or heavier soils, will stop drifting. This statement is made emphatically because hundreds have proved the statement. Also it has been pointed out that if the ground is frozen, it can be listed with a one-way disc made into a lister by removing all but every fourth disc. This too has been proved many times. Many farmers now prevent any soil drifting. Everyone could windproof their soil. In the winter this is easy to do. Why not do it?

At this season, the Experimental Station Staff wish all a Merry, Dustless Christmas.

The Annual Matinee at Yule Tide which is FREE for all Kids 12 years of age and under will be shown Thurs. Dec. 31st. at 2 p.m. Feature Show will be Ann Shirley in 'UNEXPECTED UNCLE.'

Insurance

Agent for CANADA LIFE ASSURANCE CO.
Also several good Fire Insurance Companies.

J. H. Walker

Storm doors

and Windows. Call In

Cabinet Making

C. F. Tollestrup

Expert Woodworker
Shop Next to Ski Bowling Alley

We Express Our Wishes For A Very Merry Christmas

On behalf of the directors and staff, we thank you for your support in our growing endeavor and pledge our utmost in courtesy and service in return for your goodwill and patronage Of the past year.

Raymond Co-operative

Cheese Factory Assoc. Ltd.

Our Community Enterprise

Raymond Pharmacy

May we extend our Very Best Wishes for a very MERRY CHRISTMAS and a Happy and Prosperous NEW YEAR.

DRUGS STATIONERY SUNDRIES

P. W. Cope, Prop.

Stones Service Store

A Sincere and Heartly Greeting,
Full of Christmas Cheer.
Bearing just Good Wishes,
For Happiness all Year.

Groceries and Hardware

KING MOTORS

Our cordial greetings go out to You in the hope that the New Year will be bigger, brighter and more prosperous than any before.

SERVICE and REPAIRING

J. S. Madill M.D.

Wishing you the Best of all Good Things and a Happiness this Christmas that will extend through the New Year.

Physician and Surgeon

Dr. F. M. Hall

May this Christmas bring you Gladness and the New Year greet You with HEALTH and HAPPINESS.

Dentist

Christmas Greetings

We take pleasure in expressing our most sincere wishes for a Merry Christmas and a Happy and Prosperous New Year to the people of our community. Through your kind patronage a successful year has been possible and we assure you that throughout the coming year we shall continue striving to be of genuine service to our community.

Government of the Province of Alberta

TREASURY BRANCH

E. E. Jensen, Manager

And Staff

K. J. Kearl

Wilma Sorenson

June May

Katherine Paxman

MERRY CHRISTMAS

DAHL BROS.

Red Head Distributors

MERRY CHRISTMAS

R. G. BYRNE

J. I. Case Dealer

Thanks!!

A Merry Christmas and a
Happy and Prosperous New Year
Fromm's Jewelry

Merry Christmas

Health, Fortune and Happiness are the three great Magi of Life. May their gifts and visits enliven the Yuletide and the New Year.

May you be Prosperous as never before and may the new times for which we have hoped so long actually appear and cheer our days.

Raymond Mercantile COMPANY LIMITED

"Where You Get More of the Best for Less"

SEASONS GREETINGS

May we extend our Very Best Wishes for a very
MERRY CHRISTMAS
and a Happy and Prosperous
NEW YEAR.

Raymond Meat Market

H. PIEGRASS, Prop.

THE CANADIAN Y. T. HEALTH BATH WHO STARTED IT AND WHY

The mainspring behind this health giving bath was Father Foreade, a Catholic Priest who has charge of the Indian School at Grouard, Alberta. It was devised to meet the need of

keeping clean in outlying districts where bathing facilities are practically non-existent—where, sometimes, even water is scarce.

Father Foreade, working in close co-operation with doctors and nurses, studied all the various health baths about which he could get any information. He was most impressed by the Finlander's method, so he started experimenting. The result of this experimentation in the Canadian Y. T. Health Bath.

WHAT IT IS

The bath room is any room in which the temperature can be brought up to 120 degrees Fahrenheit. At Grouard the rooms are 14' by 16'. They have two "Bleacher seats" for those people who like the warm temperatures. A little water is sprinkled on the wood heater occasionally to make the air humid, although it is not in any sense a steam bath. In this way he has eliminated the weakening effects of the steam bath.

The person taking the bath comes into the heated room and starts to wash and massage his body. No water is used at this stage of the bath. Soon he will start to perspire. The heat (110 degrees to 130 degrees), together with the exercise soon starts the cleansing process. The perspiration literally washes the pores from the inside out. (At this stage of the bath the bather may shave with any edged razor without the use of soap of any kind.) The bather stays in the heat until he feels like he has had enough—experimentation has shown this time to be from ten to fifteen minutes. Bather then has a spray of cold water over his body—this is to rinse him and to cool the body. The head must be cooled in this process then the person goes into a room of normal temperature to dry himself.

WHAT IT HAS DONE

HOLIDAY GREETINGS

The appreciation of our past cordial relations inspires the hearty wish that your Christmas will be joyful and that the New Year will hold for you a gratifying measure of happiness and contentment.

BREWERTON'S

This bath has kept the general health condition of the students and staff of this school at a much higher standard than it has ever been kept before. Even the common cold was at a minimum. People suffering from common ailments found that they had more pep and vitality and they feel more alive. This general health betterment is the aim of this bath and its results seem to prove this conclusively. But there have been cures of rheumatism that have seemed miraculous. Bruises from basketball, tumbling etc. seem to melt away

WAR SAVINGS STAMPS.

STUDENTS OF

TYPING

We have secured a good paper for
your practice work at

15c. per 100

Good Color Good Quality Good Bulk
Try a Hundred Today!

The Recorder



THIS NEWSPAPER (1 YEAR) and THREE GREAT MAGAZINES

For Both
Newspaper
and Magazines

\$3.50

GROUP "A"—Select One

- ☐ Better Homes & Gardens 1 Yr.
- ☐ True Story Magazine 1 Yr.
- ☐ Woman's Home Comp. 1 Yr.
- ☐ Sports Afield 1 Yr.
- ☐ Magazine Digest 6 Mos.
- ☐ Fact Digest 1 Yr.
- ☐ American Home 1 Yr.
- ☐ Parent's Magazine 6 Mos.
- ☐ Open Road for Boys 1 Yr.
- ☐ The Woman 1 Yr.
- ☐ Science & Discovery 1 Yr.
- ☐ Liberty (Weekly) 1 Yr.
- ☐ Silver Screen 1 Yr.
- ☐ Screenland 1 Yr.
- ☐ Flower Grower 1 Yr.
- ☐ American Girl 1 Yr.

GROUP "B"—Select Two

- ☐ Maclean's (24 issues) 1 Yr.
- ☐ Canadian Home Journal 1 Yr.
- ☐ Chatelaine 1 Yr.
- ☐ National Home Monthly 1 Yr.
- ☐ Family Herald & Weekly Star 1 Yr.
- ☐ New World (Illustrated) 1 Yr.
- ☐ Free Press Prairie Farmer 1 Yr.
- ☐ Western Producer 1 Yr.
- ☐ Country Guide 2 Yrs.
- ☐ Canada Poultryman 2 Yrs.
- ☐ Canadian Silver Fox & Fur 1 Yr.
- ☐ Canadian Horticulture & Home 1 Yr.
- ☐ Click (Picture Monthly) 1 Yr.
- ☐ Canadian Poultry Rev. 1 Yr.
- ☐ American Fruit Grower 1 Yr.

SAVE MONEY!

Enjoy the finest magazines while saving time and gas. Only through this newspaper can you get such big reading bargains. Pick your favorites and mail coupon to us TODAY.

THIS NEWSPAPER (1 Year) and Your Choice THREE POPULAR MAGAZINES

For Both
Newspaper
and Magazines

\$3.00

- ☐ Maclean's (24 Issues) 1 Yr.
- ☐ Canadian Home Journal 1 Yr.
- ☐ Chatelaine 1 Yr.
- ☐ National Home Monthly 1 Yr.
- ☐ Family Herald & Weekly Star 1 Yr.
- ☐ New World (Illustrated) 1 Yr.
- ☐ Free Press Prairie Farmer 1 Yr.
- ☐ Western Producer 1 Yr.
- ☐ Country Guide 2 Yrs.
- ☐ Canada Poultryman 2 Yrs.
- ☐ Canadian Silver Fox & Fur 1 Yr.
- ☐ Canadian Horticulture & Home 1 Yr.
- ☐ Click (Picture Monthly) 1 Yr.
- ☐ American Fruit Grower 1 Yr.
- ☐ American Girl 6 Mos.

ALL OFFERS FULLY
GUARANTEED

THIS NEWSPAPER (1 YEAR) and ANY MAGAZINES LISTED

Both for
Price Shown

All Magazines Are For 1 Year

- ☐ Maclean's (24 issues) 2.50
- ☐ Canadian Home Journal 2.50
- ☐ Chatelaine 2.50
- ☐ National Home Monthly 2.50
- ☐ Family Herald & Weekly Star 2.50
- ☐ New World (Illustrated) 2.50
- ☐ Free Press Prairie Farmer 2.50
- ☐ Western Producer 2.50
- ☐ Country Guide (2 yrs.) 2.50
- ☐ Canada Poultryman (2 yrs.) 2.50
- ☐ Canadian Silver Fox & Fur 2.50
- ☐ Click (Picture Monthly) 2.50
- ☐ Canadian Horticulture & Home 2.25
- ☐ Canadian Poultry Review 2.50
- ☐ True Story Magazine 2.75
- ☐ Woman's Home Comp. 2.75
- ☐ Sports Afield 2.90
- ☐ Liberty (Weekly) 3.75
- ☐ Magazine Digest 3.00
- ☐ Silver Screen 3.00
- ☐ Screenland 3.75
- ☐ Look 3.75
- ☐ American Home 3.75
- ☐ Parent's Magazine 3.10
- ☐ Christian Herald 3.10
- ☐ Open Road for Boys 2.50
- ☐ American Girl 2.75
- ☐ Red Book 3.75
- ☐ American Magazine 3.75
- ☐ Collier's Weekly 3.75
- ☐ Child Life 3.50
- ☐ Canadian Woman 3.75
- ☐ Flower Grower 2.75

A STRAIGHT LINE

To A Well

Paid Position



New Term

Commences

**MONDAY
JAN.**

4

- Sr. Secretarial
- Jr. Secretarial
- Stenographic
- Clerical
- Bookkeeping
- Special
- Machine

We Shall Assist You In
Finding Living Accommodations In Calgary

ENROLL ANY DAY

M4039

Write or Call

M4039

Calgary Business College

221a Eighth Avenue West



COUPON

FILL IN AND MAIL TO
THIS NEWSPAPER TODAY

Check magazines desired and enclose with coupon.

Gentlemen: I enclose \$..... Please send me the
offer checked, with a year's subscription to your paper.

NAME

POST OFFICE

STREET OR R.R. PROV.